

SAR Individual Preparation - Complete List

Group	Task	Equipment / Material	Material Class	Carry Method	Priority	Period	Specifications
SAR	Squad Individual Prep	radio, GMRS/FRS radio / batteries	communication	On Person	1. essential	1st day	Retevis RT628
SAR	Squad Individual Prep	work clothes, long pants and long-sleeved shirts	health & welfare	On Person	1. essential	1st day	not cotton
SAR	Squad Individual Prep	work clothes, boots w/ankle support, traction sole, safety toe	health & welfare	On Person	1. essential	1st day	
SAR	Squad Individual Prep	work clothes, socks, cushioned	health & welfare	On Person	1. essential	1st day	not cotton
SAR	Squad Individual Prep	gear vest	health & welfare	On Person	2. desirable	1st day	multi-pocketed for small personal or operations items
SAR	Squad Individual Prep	CERT-labeled safety vest, ANSI reflective Type II	health & welfare	On Person	1. essential	1st day	
SAR	Squad Individual Prep	CERT-labeled hardhat w/chin strap, ANSI Z89.1-1997, Type I, Class E & G	health & welfare	On Person	1. essential	1st day	
SAR	Squad Individual Prep	personal ID w/address, emergency contacts, insurance cards	health & welfare	On Person	1. essential	1st day	
SAR	Squad Individual Prep	CERT ID card	operations materials	On Person	1. essential	1st day	
SAR	Squad Individual Prep	CERT Field Operations Guide	operations materials	On Person	1. essential	1st day	
SAR	Squad Individual Prep	work clothes, gloves, leather work	operations materials	On Person	1. essential	1st day	
SAR	Squad Individual Prep	safety goggles or safety glasses w/side guards and retainer straps	operations materials	On Person	1. essential	1st day	
SAR	Squad Individual Prep	LED headlamp	operations materials	On Person	1. essential	1st day	
SAR	Squad Individual Prep	loud whistle	operations materials	On Person	1. essential	1st day	Fox 40 or ACR
SAR	Squad Individual Prep	knife - pocket or multi-tool	operations materials	On Person	1. essential	1st day	
SAR	Squad Individual Prep	scissors, trama w/carabiner	operations materials	On Person	1. essential	1st day	
SAR	Squad Individual Prep	tether, 10ft personal w/carabiner hardware tied into each end	operations materials	On Person	1. essential	1st day	
SAR	Squad Individual Prep	knee pads	operations materials	On Person	3. advantageous	1st day	
SAR	Squad Individual Prep	cell phone w/solar or cord charger	operations materials	On Person	1. essential	1st day	(use camera, downloaded documents)
SAR	Squad Individual Prep	CERT form - Communications log	administration supplies	12-hour Pack	1. essential	1st day	printed, 100 sheets/pad
SAR	Squad Individual Prep	CERT form - Damage Assessment	administration supplies	12-hour Pack	1. essential	1st day	printed, 100 sheets/pad
SAR	Squad Individual Prep	CERT form - Victim Treatment Action Record	administration supplies	12-hour Pack	1. essential	1st day	printed, 100 sheets/pad
SAR	Squad Individual Prep	photos, personal & family	health & welfare	12-hour Pack	2. desirable	1st day	also drivers license, health ins or credit card
SAR	Squad Individual Prep	food bars	health & welfare	12-hour Pack	1. essential	1st day	
SAR	Squad Individual Prep	sun screen	health & welfare	12-hour Pack	3. advantageous	1st day	
SAR	Squad Individual Prep	bug repellent	health & welfare	12-hour Pack	3. advantageous	1st day	
SAR	Squad Individual Prep	personal medications	health & welfare	12-hour Pack	1. essential	1st day	
SAR	Squad Individual Prep	glasses, reading	health & welfare	12-hour Pack	1. essential	1st day	
SAR	Squad Individual Prep	glasses, sun protection	health & welfare	12-hour Pack	3. advantageous	1st day	
SAR	Squad Individual Prep	bandana	health & welfare	12-hour Pack	3. advantageous	1st day	
SAR	Squad Individual Prep	waistpack	health & welfare	12-hour Pack	3. advantageous	1st day	Level II - carry SAR personal items, e.g., water bottles, health and medical items
SAR	Squad Individual Prep	water bottle, pint w/potable water	health & welfare	12-hour Pack	1. essential	1st day	
SAR	Squad Individual Prep	water, survival filter	health & welfare	12-hour Pack	2. desirable	1st day	
SAR	Squad Individual Prep	hand sanitizer towelettes	health & welfare	12-hour Pack	3. advantageous	1st day	
SAR	Squad Individual Prep	toilet paper	health & welfare	12-hour Pack	3. advantageous	1st day	
SAR	Squad Individual Prep	first aid kit, personal (towelette, bandaids, ointments, blister pads, ace bandage, dressings, bandages, triangular bandage, tourniquet dowl)	health & welfare	12-hour Pack	1. essential	1st day	personal 1st aid, not victim
SAR	Squad Individual Prep	work clothes, rain poncho or suit	health & welfare	12-hour Pack	1. essential	1st day	not cotton: windbreaker, fleece, down or other temperature appropriate
SAR	Squad Individual Prep	work clothes, jacket	health & welfare	12-hour Pack	3. advantageous	1st day	not cotton
SAR	Squad Individual Prep	work clothes, gloves, cold weather	health & welfare	12-hour Pack	3. advantageous	1st day	not cotton
SAR	Squad Individual Prep	work clothes, hat	health & welfare	12-hour Pack	1. essential	1st day	not cotton: ball cap, watch cap, balaclava or other temperature appropriate
SAR	Squad Individual Prep	blanket, bag or tent, emergency mylar	health & welfare	12-hour Pack	1. essential	1st day	

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SAR	Squad Individual Prep	pad, paper, waterproof	operations materials	12-hour Pack	1. essential	1st day	
SAR	Squad Individual Prep	pen, pencil, fine-point marker	operations materials	12-hour Pack	1. essential	1st day	
SAR	Squad Individual Prep	map, Highland Hills	operations materials	12-hour Pack	1. essential	1st day	
SAR	Squad Individual Prep	compass or personal GPS w/batteries or charging cord	operations materials	12-hour Pack	3. advantageous	1st day	
SAR	Squad Individual Prep	dust masks N95	operations materials	12-hour Pack	1. essential	1st day	
SAR	Squad Individual Prep	gloves, nitrile	operations materials	12-hour Pack	1. essential	1st day	size L, 200/box
SAR	Squad Individual Prep	batteries, extra / for all devices	operations materials	12-hour Pack	1. essential	1st day	
SAR	Squad Individual Prep	LED flashlight	operations materials	12-hour Pack	1. essential	1st day	
SAR	Squad Individual Prep	light sticks	operations materials	12-hour Pack	1. essential	1st day	
SAR	Squad Individual Prep	multi-function tool - Leatherman or Gerber	operations materials	12-hour Pack	3. advantageous	1st day	
SAR	Squad Individual Prep	paracord, 1/4-inch, 50 ft	operations materials	12-hour Pack	3. advantageous	1st day	1/4in, 50ft
SAR	Squad Individual Prep	tape, duct	operations materials	12-hour Pack	1. essential	1st day	100ft
SAR	Squad Individual Prep	tape - masking, packing, electrical	operations materials	12-hour Pack	3. advantageous	1st day	
SAR	Squad Individual Prep	cable ties 8-10 inch	operations materials	12-hour Pack	3. advantageous	1st day	
SAR	Squad Individual Prep	pen, marking / wide, black, permanent	operations materials	12-hour Pack	3. advantageous	1st day	
SAR	Squad Individual Prep	lumber crayon or grease pencil	operations materials	12-hour Pack	1. essential	1st day	
SAR	Squad Individual Prep	triage ribbon (green) strips OR green colored duct tape	operations materials	12-hour Pack	1. essential	1st day	
SAR	Squad Individual Prep	triage ribbon (yellow) strips OR yellow colored duct tape	operations materials	12-hour Pack	1. essential	1st day	
SAR	Squad Individual Prep	triage ribbon (red) strips OR red colored duct tape	operations materials	12-hour Pack	1. essential	1st day	
SAR	Squad Individual Prep	triage ribbon (black) strips OR black (or blue) colored duct tape	operations materials	12-hour Pack	1. essential	1st day	
SAR	Squad Individual Prep	safety pin (if using ribbon)	operations materials	12-hour Pack	1. essential	1st day	3in (for triage ribbon)
SAR	Squad Individual Prep	internal frame pack	health & welfare	72-hour Pack	3. advantageous	2nd day	Level III - carry food, water, shelter and multi-purpose gear. -OR- large container in vehicle for supplemental storage
SAR	Squad Individual Prep	work clothes, changes of, including socks and underwear	health & welfare	72-hour Pack	1. essential	2nd day	No cotton
SAR	Squad Individual Prep	personal hygiene items (soap, shampoo, towel, razors, deodorant, toothpaste, dental floss)	health & welfare	72-hour Pack	1. essential	2nd day	
SAR	Squad Individual Prep	food for 3 days - 6 meals as a minimum	health & welfare	72-hour Pack	1. essential	2nd day	
SAR	Squad Individual Prep	water, potable, replacement, 5gal minimum	health & welfare	72-hour Pack	1. essential	2nd day	
SAR	Squad Individual Prep	sleeping bag, or 2 wool blankets	health & welfare	72-hour Pack	1. essential	2nd day	
SAR	Squad Individual Prep	cold weather clothing – insulated coveralls, or trousers, extra socks, parka	health & welfare	72-hour Pack	1. essential	2nd day	No cotton
SAR	Squad Individual Prep	hand sanitizer towelettes	health & welfare	72-hour Pack	1. essential	2nd day	
SAR	Squad Individual Prep	food bars	health & welfare	72-hour Pack	1. essential	2nd day	
SAR	Squad Individual Prep	first aid kit, personal use (towelette, bandaids, ointments, blister pads, ace bandage, dressings, bandages, triangular bandage, tourniquet dowel)	health & welfare	72-hour Pack	1. essential	2nd day	
SAR	Squad Individual Prep	batteries, extra / for all devices	operations materials	72-hour Pack	1. essential	2nd day	
SAR	Squad Individual Prep	gloves, leather work	operations materials	72-hour Pack	1. essential	2nd day	
SAR	Squad Individual Prep	safety goggles or safety glasses w/side guards	operations materials	72-hour Pack	1. essential	2nd day	
SAR	Squad Individual Prep	dust masks N95	operations materials	72-hour Pack	1. essential	2nd day	NIOSH certified, with breathing valve, 15/package
SAR	Squad Individual Prep	gloves, nitrile	operations materials	72-hour Pack	1. essential	2nd day	size L, 200/box